

Nina N. Keeler, LMFT, RPT

Summary of Skills

Almost 10 years of clinical experience working with a wide variety of clients. Experience in working with children, adults, families, and couples. Knowledge in trauma and attachment and specialized training in family systems, Eye Movement Desensitization Reprocessing, Theraplay, Sand Tray, and Play Therapy. Experience in outpatient private practice, program direction, and leadership. Self-motivated and an unwavering commitment to a strong work ethic and integrity.

Professional Experience

Program Director and Clinical Supervisor, December 2012 – Present

Attachment and Trauma Institute, Richmond, VA

Provide clinical supervisors and clinicians with supervision and training related to severe behaviors in children, which threaten the child's stability in their home and severe mental illness that impedes an adult's ability to function within the community. Monitor clinical documentation and develop clinicians in their treatment planning and clinical writing skills. Oversee the day-to-day operations of an Intensive In Home and Mental Health Skills Building Agency. Duties include program development and marketing, referral source development, oversight of the management staff, and recruiting and hiring of clinical staff. Help to foster an atmosphere where staff can be productive by successfully managing office dynamics and building team cohesion.

Private Practice Owner and Mental Health Therapist, November 2006 – November 2012

Endless Possibilities, LLC, Manhattan, KS

Provided assessment interviews, comprehensive treatment planning, sound clinical treatment, appropriate referrals, and follow up to children and adult clients. Provided effective crisis intervention when needed. Managed administrative task and fiscal responsibilities of the private practice and provide direction to 3 independent contractors. Developed and presented parenting classes to community members. Specialized in treatment of attachment, trauma, and grief and loss related issues.

New Parent Support Program Home Visitor, January 2008- November 2012

United States of America Army Family Advocacy Program, Fort Riley, KS

Provided education and support services to 18 to 25 military families with children ages 0 to 3 years old, by conducting needs based assessments, visiting the home, and facilitating classes and instruction. Develop treatment plans with clients and document progress via case notes. Provided the parents with needed literature and media to gain skills needed to care for their children. Collaborated with other agencies and military parties to provide family with a comprehensive support system. Made referrals to community agencies to ensure appropriate services.

Aftercare Worker, August 2007 – January 2008

KVC Behavioral Healthcare, Manhattan, KS

Provided direct social work services and social work coordination to continue in home placement of 25 to 30 children. Worked closely with community agencies, law enforcement agencies, courts, and attorneys to coordinate services for children and their families. Provided clinical assessments and therapy to 4 to 5 individuals, couples or families who are working to achieve safety, permanency, and well-being. Developed treatment plans with clients to ensure client's understand and create goals to alleviate identified problem(s). Explained KVC's policies and procedures to children, families, and community partners. Worked diligently in conjunction with community agency to meet outcomes of state contract.

Therapeutic Case Manager, May 2006 – August 2007

KVC Behavioral Healthcare, Manhattan, KS

Provided direct social work services and social work coordination to facilitate safety, permanency, and well being for 10 to 12 children and their families when separated due to abuse or neglect. Worked closely with community agencies, law enforcement agencies, courts, attorneys, and resource families to ensure clients are connected to the services needed to be successful. Continued to provide social work coordination for a year after children are placed back home to maintain their success. Provided clinical assessments and therapy to 8 to 10 individuals, couples or families who were working to achieve safety, permanency, and well-being.

Girl Scouts Beyond Bars Program Manager, January 2006 – May 2006

Girl Scouts of Kaw Valley Council, Topeka, KS

Provided activities for 50-60 girls ranging in the ages of 5-17 years old, based on the national Girl Scout curriculum to facilitate mother/daughter bonding at the Topeka Correctional Facility. Provided parent training to 40-50 incarcerated mothers and supervised sessions with their children bi-weekly. Encouraged a teamwork atmosphere among incarcerated mothers by facilitating team-building exercises. Supervised assistant, who performed administrative duties. Traveled across Kansas to meet with guardians and provide them with information on community services and agencies that can help them cope with a child's parent being incarcerated. Assisted in organizing annual mother/daughter camping event. Generated monthly progress reports to meet grant requirements. Worked closely with grant writer to insure that program met projected outcomes.

Member Services Manger, June 2004 – January 2006

Girl Scouts of Kaw Valley Council, Topeka, KS

Implement plans to achieve membership and diversity goals and objectives of GSKVC. Maintain a strong volunteer corps to run troops/programs. Recruited new members and volunteers of all ages. Facilitated monthly adult volunteer unit meetings to insure best practices were being followed. Accountable for the development and direct delivery of programs designed to meet the identified needs of interest of girls in targeted populations. Responsibly managed five summer programs for over 200 girls. Supervised three to four seasonal staff, who implemented summer programs. Manages special membership initiatives. Worked closely with community youth serving agencies to provide programming to youth.

Education and Licensure

State Licensure

Virginia Board of Counseling

Licensed Marriage and Family Therapist

Certification Training

**Eye Movement Desensitization Reprocessing (EMDR)
Level I and II**

February 2010

Kansas City Play Therapy Institute, Kansas City, KS

150 hours of educational training and a supervision practicum towards becoming a certified registered play therapist, May 2006

Master of Science

Kansas State University, Manhattan, KS

Family Studies and Human Services, Marriage and Family Therapy Specialization, May 2004

Bachelor of Science

Old Dominion University, Norfolk, Virginia

Human Service Counseling, May 2001

Continuing Education

Fall 2013	Working with the Neurobiological Legacy of Trauma Level I (10 sessions) Dr. Janina Fischer, The Trauma Center, Boston, MA
Summer 2013	Enhancing Documentation Training, Pulliam Innovative Consulting Firm
Summer 2012	EMDR and the Art of Psychotherapy with Children, EMDR Institute, Inc.
Summer 2012	Scream Free Parenting Leaders Training, Scream Free Leaders Institute
Summer 2012	Reactive Attachment Disorder, Home-Based Family Therapy Training Partnership
Summer 2012	Children of Trauma, The National Institute for Trauma and Loss in Children
Summer 2012	Structured Sensory Interventions, The National Institute for Trauma and Loss in Children
Winter 2012	Using Gender Science to Help Couples Deepen Their Connection, Fort Riley Advocacy Program
Summer 2011	Strategic Team Treatment for Attachment Trauma in Children, The Attachment and Trauma Center of Nebraska Training Institute
Winter 2011	Marriage and Trauma, Kansas State University Extension Program
Winter 2011	Juvenile Bipolar Disorder, Kansas State University Home Based Family Therapy Partnership
Spring 2010	Cognitive Processing Therapy for Combat PTSD, The Institute for Continuing Education and The United States Department of the Army
Winter 2010	Eye Movement Desensitization and Reprocessing Level I & II, The Institute for Continuing Education and The United States Department of the Army
Spring 2009	Dyadic Developmental Psychotherapy Beginning Level with Dr. Daniel Hughes, Dyadic Developmental Psychotherapy Institute
Winter 2009	EMDR & Mindfulness: In-Depth Interventions for Anxiety, Depression, Panic, Trauma, and Other Disorders, PESI
Winter 2009	Managing ADHD, Home Based Family Therapy Training Partnership
Winter 2008	Living the New Normal: Supporting Children through Trauma and Loss, Military Child Education Coalition

Fall 2008

Attachment, Trauma and a Baby's Brain, Dr. Sally Popper

Spring 2008

Brain Development and Attachment, Kansas Children Service League

Fall 2007

Diagnosing Infants and Young Children Using the 0-3R, Beth Limber, PHD, RPT-S

Fall 2007

Neurodevelopmental Perspective on Childhood Trauma & Maltreatment and Clinical Application of Neurosequential Model of Therapeutics, Dr. Rick Gaskill and Dr. Bruce Perry